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Finding the Ideal Cholesterol Ratio WebMD

To find your cholesterol ratio, you divide your total cholesterol number by your HDL, or good, cholesterol number. For example, if your total cholesterol number is 200 and your good cholesterol is 50, your total cholesterol ratio is 4:1. Cholesterol ratio may be used as a monitoring tool by some health care specialists.

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Top 15 Best Home Cholesterol Test Kits in 2018 Reviews

High cholesterol can be dangerous, and it will take some willpower to cut your high numbers down. You may have to change your diet some in order to meet the good level standard. Using one of the top 5 best home cholesterol test kit in 2018 is a good start in heart health.

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Cholesterol levels by age Differences and recommendations

Total cholesterol levels less than 200 milligrams per deciliter (mg/dL) are considered desirable for adults. A reading between 200 and 239 mg/dL is considered borderline high and a reading of 240 mg/dL and above is considered high. LDL cholesterol levels should be less than 100 mg/dL.

<http://ebookslibrary.club/Cholesterol-levels-by-age--Differences-and-recommendations.pdf>

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Lipitor User Reviews for High Cholesterol at Drugs com

Reviews and ratings for lipitor when used in the treatment of high cholesterol. 55 reviews submitted.

<http://ebookslibrary.club/Lipitor-User-Reviews-for-High-Cholesterol-at-Drugs-com.pdf>

Cholesterol Readings

As this eMedTV article explains, cholesterol readings are essential for fully understanding your risk for heart disease. This resource explains what your

<http://ebookslibrary.club/Cholesterol-Readings.pdf>

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Non Hdl Cholesterol Rating How To Lose Weight Quickly

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Cholesterol Wikipedia

Cholesterol (from the Ancient Greek chole- and stereos (solid), followed by the chemical suffix-ol for an alcohol) is an organic molecule. It is a sterol (or modified steroid), a type of lipid molecule, and is biosynthesized by all animal cells, because it is an essential structural component of all animal cell membranes.
<http://ebookslibrary.club/Cholesterol-Wikipedia.pdf>

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